

# ADAM LIAW

CULINARY TOURS | JAPAN



JANESCO TRAVEL  
LUXURY TOURS

MARCH 2023

**Gullivers**  
The Group Travel Specialists



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TOUR LEADER

## ADAM LIAW



Adam Liaw is a cook, writer and television presenter based in Sydney, Australia.

He is the author of five cookbooks. His latest, *The Zen Kitchen*, is available in stores now.

His television series, *Destination Flavour*, has travelled through Australia, New Zealand, Japan, Scandinavia and Singapore, and won the 2016 AACTA award for Best Life-style Television Program..

Adam is a regular columnist for Fairfax newspapers' *GoodFood*, *Sunday Life* magazine and *The Guardian*.

In 2010 Adam won *MasterChef Australia*. His victory is still the most watched non-sporting television event in Australian history. In 2016, the Japanese government appointed Adam as an official "Goodwill Ambassador of Japanese Cuisine".

With more than 300K followers, Adam's social media presence is ranked by Klout as the most influential in the Australian food industry. Follow Adam on Facebook, Instagram, Youtube or Twitter.

Adam is also UNICEF Australia's National Ambassador for Nutrition



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AUSTRALIA - TOKYO

DAY 1  
Sun 12 March

21:35 Depart from Sydney by All Nippon Airways' overnight flight NH880

TOKYO – NOTO

[light lunch, Welcome Dinner]

DAY 2  
Mon 13 March

05:10 Arrive in Tokyo. After clearing quarantine and customs check-in for your connecting flight to Noto, Flight no. NH747 dep. Haneda at 08:55, arr. Noto at 09:50. Travel to Noto Peninsula by chartered coach.

Enjoy famous Wajima morning market bustling with locals doing their grocery shopping for freshly caught fish, local fruit and vegetables, and various dried goods as well as locally produced Wajima lacquerware. The market dates back over 1,000 years and draws everyday shoppers and curious visitors as well.

We will also visit Yatai Kaikan to see four festival floats which form part of the autumn Takayama festival's eleven floats (yatai). These elaborately decorated floats, up to 8 meters tall, are several hundred years old and are beautiful examples of Takayama's legendary craftsmanship.

We stay at onsen resort, welcome dinner at hotel. Enjoy experiencing the Japanese life style in a tatami room, enjoy a dip in a hot spring and sleep on futon bedding.  
Accommodation: Kagaya Aeno Kaze or similar

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## NOTO – KANAZAWA

[B, L]

### DAY 3

Tue 14 MARCH

This morning we travel to Kanazawa visiting Kanazawa's famous Ohmi fish market and having lunch at Café & Brasserie Paul Bocuse.

After lunch we step back in time with a visit to Kanazawa's beautifully preserved historic Chaya Gai Geisha district with its many traditional wooden buildings. This area was established in 1820 as an entertainment district for rich merchants and nobility.

We move on to Kenrokuen Gardens, one of the top three landscaped gardens in Japan. It derives its fame and its name from its beautiful landscaping which embodies the six key principles of Japanese garden design.

After a stroll through Kenrokuen, we check in late afternoon at our hotel for 1 night.

Accommodation: Kanazawa Tokyu Hotel or similar

## KANAZAWA – OSAKA

[B, D]

### DAY 4

Wed 15 MARCH

Morning at leisure.

At 10:45 we transfer to Kanazawa station.

This morning we travel for Osaka by train along Lake Biwa, the largest lake in Japan.

Enjoy the scenery of rural Japan as you speed past rice paddies, farms, lakes and forests. Upon arrival in Osaka we will be transferred by chartered coach to our hotel. Check in for 2 nights.

This evening we enjoy dinner at a local restaurant.

Accommodation: Hotel Nikko Osaka or similar

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OSAKA

[B, D]

DAY 5  
Thu 16 MARCH

Today we set out for some Osaka sightseeing, visiting Osaka Castle and Kuromon Ichiba, a lively covered market stretching for 580 meters in Osaka's Chuo Ward. Nicknamed "Osaka's kitchen" because both local homeowners and restaurant chefs get their supplies here, the market is famous for its fresh seafood and has over recent years become a popular tourist destination. So too is Doguya suji, nicknamed "Kitchenware street" by locals, a 150 meter arcade where you can find everything from ceramics, lacquerware, super sharp kitchen knives, and sturdy pots and pans to restaurant supplies like plastic replica food, large paper lanterns, noren split curtains, maneki neko beckoning cats and all kinds of restaurant signage. Dinner tonight is a buffet at the hotel. Accommodation: Hotel Nikko Osaka or similar

OSAKA- NAOSHIMA ART ISLAND

[B,L,D]

DAY 6  
Fri 17 MARCH

Catch a bullet train to Okayama and catch a ferry to travel to the world renowned art Island of Naoshima in Japan's Inland Sea. Blessed with nature and attracting worldwide attention for its many contemporary art museums, Naoshima was selected by sightseeing magazine Conde Naste as one of the "seven places in the world you should see next." We visit the inspiring Chichu museum, both a museum and a work of art in its own right. Check in at Benesse House Naoshima for 1 night. Dinner at the Michelin awarded Terrace restaurant at Benesse house. Accommodation: Benesse House Naoshima

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## NAOSHIMA – TAKAMATSU – KYOTO

[B,L]

### DAY 7

Sat 18 MARCH

Morning, we catch an Inland Sea Ferry to Takamatsu, and visit Ritsurin Park which is the largest “National Special Scenic Beauty Garden” in Japan. Made up of 6 ponds and 13 hills beautifully arranged against the green pine trees of the surrounding hills and many stone arrangements the garden evokes the wonderful style of the early Edo era.

Enjoy a famous “Sanuki Udon” noodle for lunch in Kaiseki style at Gou Yashiki. We then travel on to Kyoto. Upon arrival at Kyoto catch a subway for a few minutes to Shijo station and check in to our hotel for 3 nights.  
Accommodation: Karasuma Kyoto Hotel or similar

## KYOTO

[B, L]

### DAY 8

Sun 19 MARCH

Kyoto is the spiritual heart of Japan and is home to many UNESCO World Heritage Sites. It was the main centre for the evolution of religious and secular architecture and of garden design for almost a thousand years.

During our stay in Kyoto we will get to experience this first hand beginning today with a morning sightseeing tour visiting two of its most famous UNESCO world heritage sites, the Golden Pavilion (Kinkakuji) and Zuihou-in Zen temple & Zuihouin rock garden.

Kinkakuji is a beautiful Zen temple whose top two stories are completely covered in gold leaf. After a morning of healthy exercise exploring temples and gardens, we will enjoy a Teppanyaki lunch at Tokiwa.





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Afternoon, we visit Fushimi Inari famous for its thousands of vermillion torii gates forming dazzling tunnels as they wend their way up the mountainside. Our next stop is a visit to the quaint 400 year old historic district of Higashiyama and the elegant and impressive Kiyomizu temple.

Transfer back to Karasuma Kyoto hotel. Evening is at leisure. Accommodation: Karasuma Kyoto Hotel or similar

## KYOTO

[B L]

### DAY 9

Mon 20 MARCH

This morning we are privileged to join Adam Liaw for a cooking class. The winner of Masterchef in 2010, he has moved on to write an array of cookbooks and his series on SBS Destination Flavour saw him take home an AACTA award in 2016 for the Best Lifestyle Television programme. In 2016, the Japanese government appointed Adam as an official “Goodwill Ambassador of Japanese Cuisine” so he is going to present us with an amazing opportunity to learn alongside him about one of his greatest passions.

After Adam’s cooking demonstration, we will be transferred to one of Kyoto’s most famous Michelin award winning restaurants, Kinobu, where we will enjoy Kaiseki lunch. Afternoon at leisure.

Accommodation: Karasuma Kyoto Hotel or similar

## KYOTO – TSUMAGO - TOKYO

[ B, L, Farewell drinks]

### DAY 10

Tue 21 MARCH

This morning we travel to Kiso Valley, with its quaint historical post towns. Kiso Valley is surrounded by Japan’s foremost high mountains, the Ontake mountain range on

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the west and the Central Alps in the east. Prior to the Edo period, Kiso prospered as a key junction for transportation and as a production area of Japanese cypress, the main building material for shrines and temples.

We visit the post town of Tsumago, seldom visited by group tours, where cars are banned and signs of modernity such as power lines are hidden to maintain the old-style ambience.

After taking some time to soak up the ambience of real village Japan as we stroll through the narrow streets, we travel on to Tokyo travelling by bullet train. Upon arrival at Tokyo station, catch a local train one stop to Yurakucho/Ginza, the closest station to our hotel.

We end our trip with a stay in a 5 star hotel, checking in at The Imperial Hotel Tokyo for 3 nights. Farewell drinks and get together this evening at a private function setting.  
Accommodation: Imperial Hotel Tokyo or similar

## TOKYO

[B]

**DAY 11**  
Wed 22 MARCH

Day at leisure.  
Follow your tour escort and enjoy a walking tour of the Imperial Palace Garden.  
Accommodation: Imperial Hotel Tokyo or similar





TOKYO

[B]

DAY 12  
Thu 23 MARCH

Day at leisure.  
Suggested activities  
□ Visit Asakusa temple  
□ Meiji Shrine & Akihabara  
□ Day trip to Nikko or Mt. Fuji  
Accommodation: The Imperial Hotel Tokyo or similar

TOKYO

[B]

DAY 13  
Fri 24 MARCH

12.00 pm Check out from the hotel, where your tour ends.  
Enjoy your last day in Japan with some last minute souvenir hunting in Ginza or an optional half day activity.

Your guide can assist you with transfer options for your departure to Haneda or Narita Airports.

AUSTRALIA

DAY 14  
Sat 25 MARCH

09:55 Arrive back in Australia



## TOUR COST: From \$8,850 for economy class package

- *Non-refundable deposit of \$1,000 payable at the time of booking*
- *Interim \$4,000 payment payable by 90 days prior to departure (12 December 2022)*
- *Balance payment 52 days prior to departure (Thursday, 19 January 2023)*

*Based on minimum 40 people travelling together on the same itinerary above*

### TOUR COST INCLUDES:

Return economy airfare flying All Nippon Airways: Sydney / Tokyo / Sydney

- Japan domestic flight from Tokyo to Noto
- 11x nights in a mix of 3 & 4 star accommodation (5 star hotel only in Tokyo)
- 23 meals (x11 breakfast, x7 lunch, x5 dinner)
- Gourmet restaurants included:
  - Michelin Star restaurant - Terrace Restaurant Benesse House on Naoshima
  - Michelin Star restaurant - Kinobu in Kyoto
  - Café & Brasserie Paul Bocuse Kanazawa
  - Gou Yashiki Takamatsu
- All entrance fees and admissions to temples, gardens, castles and museums in the itinerary
- All ground transport including trains and ferries included in the itinerary
- Tour escort

### TOUR COST DOES NOT INCLUDE:

- All Airline Taxes & Fuel Surcharge – valued from approx. \$185 - \$250 per person
- \*Taxes & Fuel surcharges are subject to fluctuate up or down and will be reconfirmed at time of final invoice
- Excess baggage costs over and above limit set by airline
- Meals other than stated
- All services not mentioned under inclusions
- Tipping for tour guide or driver
- Items of personal nature (e.g. laundry, phone calls, room service, etc.).
- Passport and visa costs – please check with this office if you require visas for your tour. If you are travelling on a non-Australian passport please check if you require a re-entry visa.
- Travel Insurance HIGHLY RECOMMENDED– Please refer to Travel Insurance – Gullivers Sport Travel for a quote or purchase.

All land costs shown are subject to alteration (up or down) due to currency fluctuations. Increases in land and air costs may arise between now and the date of departure. Costs will also depend on availability of flights, hotels, trains, buses etc quoted on. These costs are subject to the group travelling together throughout the tour. Any variation will incur an amendment fee and may also jeopardise the costs for the rest of the group.

***Land costs are based on an exchange rate of 90 JPY per AUD***

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**BOOKING FORM**  
**ADAM LIAW CULINARY TOUR | JAPAN |**  
**MARCH 2023**

Please complete the form clearly in block letters and return to [janesco@gullivers.com.au](mailto:janesco@gullivers.com.au) along with your payment and a copy of your passport.

**PASSENGER ONE**

<b>PASSENGER SURNAME (AS SHOWN IN YOUR PASSPORT):</b>	
<b>PASSENGER FIRST NAME (AS SHOWN IN YOUR PASSPORT):</b>	
<b>GENDER:</b> <input type="checkbox"/> MALE <input type="checkbox"/> FEMALE	<b>DATE OF BIRTH:</b>
<b>PASSENGER NATIONALITY:</b>	
<b>PLACE OF BIRTH:</b>	<b>PASSPORT DATE OF ISSUE:</b>
<b>PASSPORT EXPIRY DATE:</b>	
<b>PASSPORT NUMBER:</b>	<b>ISSUING COUNTRY:</b>
<b>SPECIAL REQUIREMENTS (DIETARY, MEDICAL CONDITIONS ETC):</b>	

**PASSENGER TWO**

<b>PASSENGER SURNAME (AS SHOWN IN YOUR PASSPORT):</b>	
<b>PASSENGER FIRST NAME (AS SHOWN IN YOUR PASSPORT):</b>	
<b>GENDER:</b> <input type="checkbox"/> MALE <input type="checkbox"/> FEMALE	<b>DATE OF BIRTH:</b>
<b>PASSENGER NATIONALITY:</b>	
<b>PLACE OF BIRTH:</b>	<b>PASSPORT DATE OF ISSUE:</b>
<b>PASSPORT EXPIRY DATE:</b>	
<b>PASSPORT NUMBER:</b>	<b>ISSUING COUNTRY:</b>
<b>SPECIAL REQUIREMENTS (DIETARY, MEDICAL CONDITIONS ETC):</b>	

**Contact Details**

<b>ADDRESS:</b>	
<b>POSTCODE:</b>	<b>(MOBILE):</b>
<b>PHONE (WORK):</b>	<b>(HOME):</b>
<b>EMAIL:</b>	<b>FAX:</b>

**\*\* Please attach a copy of your passport/s to this form \***



## ACCOMMODATION PREFERENCE

<input type="checkbox"/>	TWIN SHARE (TWO BEDS PER ROOM)
<input type="checkbox"/>	DOUBLE (ONE DOUBLE BED PER ROOM)
<input type="checkbox"/>	SINGLE (ADDITIONAL COST AVAILABLE ON REQUEST)

*\*Please note that some hotels do not offer double-bed rooms and often a twin room in Japan is much larger than a double room, in which case we will request a twin room for your comfort.*

## FLIGHT ARRANGEMENTS

AUSTRALIAN CITY DEPARTURE POINT:	SYD <input type="checkbox"/>	MEL <input type="checkbox"/>	BNE <input type="checkbox"/>	ADL <input type="checkbox"/>	CBR <input type="checkbox"/>	PER <input type="checkbox"/>
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ECONOMY CLASS <input type="checkbox"/>	PREMIUM ECONOMY CLASS <input type="checkbox"/>	BUSINESS CLASS <input type="checkbox"/>
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*Note: Airfare supplements applicable to premium economy or business travel. Please contact your consultant for further information. PREMIUM ECONOMY & BUSINESS AIRFARE UPGRADES ARE AVAILABLE AT AN ADDITIONAL COST*

## TRAVEL INSURANCE: (HIGHLY RECOMMENDED)

YES, PLEASE SEND A BROCHURE <input type="checkbox"/>	NO, THANK YOU <input type="checkbox"/>
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*I ENCLOSE THE DEPOSIT OF \$1000.00 PER PERSON TO SECURE MY/ OUR PLACE ON THE TOUR (no of persons)*

*Reservations and Deposits:*

- Non-refundable deposit of \$1,000 payable at the time of booking*
- Interim \$4,000 payment payable by 90 days prior to departure (12 December 2022)*
- Balance payment 52 days prior to departure (Thursday, 19 January 2023)*

PAYMENT OPTIONS:			
CREDIT CARD:	MASTERCARD <input type="checkbox"/>	VISA <input type="checkbox"/>	AMEX <input type="checkbox"/>
<i>(1.8% surcharge applies for all Credit Card Transactions).</i>			

CREDIT CARD NAME:		
CREDIT CARD NUMBER:		EXPIRY DATE:
AMOUNT TO BE DEBITED:	\$	

## DEPOSIT PAYMENT:

*Bank: Westpac Bank BSB: 032188 Account: 246550. Acc. name: JANESCO Travel Client Trust Account*

*I/ We the undersigned have read carefully and understand the booking conditions pertaining to the above stated tour and agree to these conditions. I/ We understand that all requests will be fulfilled to the best of JANESCO's ability and are subject to availability and cannot be guaranteed. I / We have read the information regarding the physical requirements of the tour and confirm that I / we are able to meet these requirements.*

SIGNED \_\_\_\_\_

DATE



## BOOKING TERMS & CONDITIONS

### ***JANESCO - GULLIVERS 14 DAY CULINARY TOUR 12 - 25 MARCH 2023***

These booking conditions are binding upon Janesco Travel and upon any persons/entity making the booking whether on their own behalf or on behalf of any other person or entity. By making this booking and subsequent payment, you acknowledge that you have read and understand your obligations and rights and accept the disclosed terms and conditions. We make no warranty about the accuracy of the tour information contained in Janesco Travel marketing materials and exclude all liabilities for any errors or omissions in those materials.

**Reservation and payment** To secure your place on a tour, a non-refundable deposit of \$1,000 is required at the time of reservation together with a signed and completed booking form and passport copy. An interim payment of \$4,000 is payable 90 days prior to departure. Final balance is payable by 52 days prior to departure unless otherwise specified. If your booking is made after 52 days prior to departure, then the full amount is payable at the time of booking.

**Late Booking Fee** Subject to availability, bookings made within 7 days of departure, incur a fee of \$200.00 per passenger.

**Cancellation by Janesco** If a tour is cancelled due to natural disasters, pandemic, epidemic, border closures or other circumstances beyond our control, refunds will be less any unrecoverable costs already incurred on your behalf.

**Cancellation by traveller** Cancellation of a reservation must be provided to us in writing and is subject to the following cancellation fees:

***Up to 52 Days prior to departure: Loss of deposit.***

***51 to 30 Days prior to departure: 50% of total package cost***

***30 to 15 Days prior to departure: 80% of total package cost***

***Within 14 Days of departure: 100% of total package cost***

**Single travellers** In the interests of traveller privacy JANESCO Travel does not find rooming companions for single travellers and a single supplement must be paid.

**Amendments** Each amendment to the booking requested after the initial reservation is made will incur a fee of \$50 per person, per change plus any further costs incurred. Amendments may not always be possible.

**Insurance** It is mandatory that all passengers obtain comprehensive travel insurance for the duration of travel. You must insure yourself against loss resulting from cancellation, medical and repatriation expenses, personal injury and accident death and loss of personal baggage and personal liability insurance.

**Documentation** Australian and New Zealand passport holders currently do not require a visa for tourism stays in Japan of up to 90 days. Quarantine restrictions to entry to Japan from Australia or New Zealand include either proof of 3 recognised Covid-19 vaccinations or proof of an approved negative Covid-19 PCR test result 72 hours prior to departure. It is the responsibility of the traveller to ensure they have all required visas and Covid-19 vaccination certificates and test results. See [www.mofa.go.jp](http://www.mofa.go.jp) for entry requirements. Passports must be valid for the entire time you are staying in Japan. JANESCO Travel does not accept any responsibility for losses or additional expenses incurred as a result of a passenger not holding the necessary valid passport, visa or vaccination documentation.



**Alterations** JANESCO Travel will consider alterations or additions to the Itinerary, but no refund is available in respect of any tours, tickets, accommodation, meals or any other services not utilized. Alterations may incur extra charges.

**Air Travel** Airline tickets are issued to and accepted by the passenger subject to the terms, regulations and conditions appearing thereon. Any changes after ticket issue will incur fees as imposed by the airlines.

**Costs** Costs are expressed in Australian dollars based on foreign exchange rates and are subject to alteration should there be any fluctuation in the rate of exchange. JANESCO Travel prices may be altered with or without notice at any time.

**Not Included** Airline taxes and other fees, meals which are not specified in the itinerary, cost of passport, visas when necessary, medical expenses, excess baggage charges, optional activities and all personal expenses, transfers to and from Sydney Airport.

**Liability** JANESCO Travel advises that the service it provides is for the booking and packing of goods and services provided by other operators, such as hotels and transportation companies. Accordingly, JANESCO Travel will not be responsible and will be excluded from liability for any loss, damage, injury, inconvenience or delay, omission or acts being negligent or otherwise, committed by the operators or airlines, coach lines, hotel or attractions used in connection with the tours. All such losses or expenses will have to be borne by the passenger.

**Possible Changes** While we endeavour to operate all tours as described we reserve the right to change or cancel the itinerary at any time.

**Tour Authority** The decision of the tour leader is final on all matters likely to affect the safety or well-being of any traveller or staff member participating in the trip. If you fail to comply with a decision made by a group leader or interfere with the well-being or mobility of the group, the group leader may direct you to leave the trip with no right of refund.

**Health and Fitness** A minimum level of fitness is required to participate in a JANESCO Travel tour. You are required to be able to at least:

- Walk for 3 km without the use of walking aids on uneven surfaces at a moderate pace with only short breaks.
- Carry hand luggage over moderate distances (200 meters)
- Stand for lengths of time (in museums, galleries etc.)
- Negotiate stairs (50 steps)
- Move your luggage short distances
- Get up and down from the floor unassisted
- Keep up with the group at all times

**Effective 28 September 2022**

**JANESCO ATAS No. A12147**

